Minutes – Wellness Meeting Fall 2018 – 10/24/18

Meeting was called to order at 4:05 pm.

Minutes from the Spring 18 meeting were read and approved by all. We discussed the SMART goal standards and discussed the positives and negatives of this system.

The first proposed goal was discussed. We all felt that this is a good program and we love that the focus is on the wellbeing of the staff. SMART goal was met.

The second proposed and discussed. We felt that it needed to be expanded to meet the SMART goal standards. It will be rewritten to meet standards.

The third proposed goal was discussed. All involved were happy to see a program return after many years. Concerns about how to get students qualified and get distributed. We will be getting the proper forms for qualifying and permission slips for families.

A call was made for a fourth goal and no one had any suggestions.

The group looked over the current policy. We discussed classroom celebrations, recess before lunch, fundraising, and promoting activity at recess. No changes were made to the District Wellness Policy.

The meeting was adjourned at 4: 30 pm and the next meeting is set for May 22, 2018.