**School Wellness Policy Advisory Committee**

**AGENDA**

**General Meeting Scheduled for October 20, 4:00 PM BMES Multipurpose Room**

**Introduction of Committee Members**

Jillian Mills **–** Food Service Director

**Set Goals for the District**

We utilize the S.M.A.R.T Goal System to formulate goals that promote wellness within our district.

**S**pecific: Clearly state what we are trying to accomplish, the 5 W’s….

**M**easurable: We can measure to track progress. This can be done through any quantitative means of measure…

**A**ction-Oriented: States what action needs to be taken to reach the goal…

**R**ealistic: We want our goal to be attainable…

**T**imely: States a time limit. This year, the next 3 years….

**GOAL 1:**

**Staff Wellness – Kalee Tolbert – School Wellness Coordinator**

**GOAL 2:**

**Fundraising – Move from food sales to action oriented**

Look at Apex, Redrover, any other ideas?

We want to move fundraisers from food sales (ie…Popcorn, snacks, suckers, candy sales) to action related fundraisers. A few companies like Apex and Red Rover have been discussed. Fun Runs and Color Runs are popular with the HS.

**GOAL 3:**

**No Hungry Students – Jimi Newkirk (ASP Director) and Jillian Mills (F&N Director)**

We will do our best to prevent child hunger. We see hunger in classrooms and have knowledge that there is a lack of food in some homes. We are going to address this with teaming with or local WIC office and participating in the Weekend Food Program. We also will provide students with a no-cost snack if they are needed. Teachers can allow students to participate in snack by sending any hungry child to the lunchroom. Child is given a Smart Snack compliant snack. We are also going to utilize a Share Bucket in our Breakfast Program. Any student can pick prepackaged items out of our share bucket. This will start immediately.

**GOAL 4:**

**Play Ground Activity – Lety Caro**

Students are provided with various sporting equipment and a choice of activities during recess. Recess duty staff encourage students to get out and choose activities over sitting at tables and visiting. All students are given the full 15 minutes of lunch recess.

**Review of Current School Wellness Policy**

**Any Recommended Revisions:**

**Any Recommended Additions:**

**Verification of compliance with Nevada State Wellness Policy.**

**New Business**

**Next Meeting Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Meeting Adjourned:**